



Healthy Choice 4 Kids Canteen



(G)= Green (Healthy Choice) (A)= Amber (Eat sometimes) (H)= (Halal)

Healthy Choice Menu - Cartwright Public School-2017

Breakfast		Wraps		Salad Boxes					
(G)	Plain Toast	0.50	(G)	Salad	4.00	(G)	Chicken Salad with Dressing	4.50	
(G)	Cheese on Toast	1.00	(G)	Salad with Ham	4.30	(G)	Ham Salad with Dressing	4.50	
(G)	Selected Fruit	1.00	(G)	Salad with Chicken/Tuna	4.30	(G)	Egg Salad with Dressing	4.50	
(G)	Up and Go	2.00	(G)	Salad with Egg	4.30	(G)	Tossed Salad with Dressing	4.00	
(G)	Plain Toast with Vegemite/Jam	0.70	(A/H)	Chicken Finger/lettuce/Mayo	3.80	(G)	Tossed Salad with Tuna/Ham/Chicken/Dressing	4.50	
(A)	Flavoured Milk/ Strawberry/Choc	2.00		Pasta's/Rice		(G)	Salad Box with Dressing	4.20	
			(G)	Large Twista Bolognese	3.50	(G)	Extra Dressing	0.30	
			(G/H)	Macaroni and Cheese	3.50		Sushi Rolls		
(G)	Sandwiches		(G)	Fried Rice	3.50	(G/H)	Tuna	3.50	
(G)	Vegemite/Jam	1.70	(A/H)	Lasagna	3.50	(G/H)	Vegetarian	3.50	
(G)	Cheese	2.00		Hot Food			Kid's Choice Meal's		
(G)	Salad-Lettuce Carrot/Tomato/Cucumber/Cheese/Beetroot	3.00	(A/H)	Chicken Fingers each	.60				
(G/H)	Chicken (Roasted)	2.80	(A/H)	Fish Fingers each	.70		Chicken Little		
(G)	Tuna	2.50	(A)	Large Pie	3.00	(A/H)	4 x Chicken Fingers/ Corn Cob/Juice	4.60	
(G)	Tuna/lettuce/mayo	3.00	(H)	Halal Large Pie	3.50		Happy Feet		
(G)	Chicken and Salad	3.50	(A)	Snack Pie	1.20	(G)	Large Twista/Garlic Bread/Juice	6.20	
(G)	Chicken/Lettuce and Mayo	3.00	(A/H)	Sausage Rolls	3.00		Traveller Pack		
(G)	Egg (Plain)	2.20	(A)	Potato Pie	3.50	(A/H)	Large Pie/JJ's/Spring Water	6.70	
(G)	Egg ,Lettuce and Mayo	2.50	(A)	Chicken Corn Roll	2.00		Fresh Delight		
(G)	Ham	2.50	(G)	Yummy Drummy	1.00	(G)	Salad Sandwich/Bottle Water	4.60	
(G)	Ham and Salad	3.50	(A)	Pizza Rounda	2.50		Drinks		
(G)	Ham/Cheese and Tomato	3.30	(A)	Pizza Margarita Only	2.80				
	Extras		(A/H)	Garlic Bread Roll	1.50	(G)	Bottle Water 600ml	1.70	
(G)	Lettuce/Tomato/Cucumber/Cheese/Carrot/Beetroot	0.50	(A)	Hot Dog with Sauce	2.50	(G)	Spring Water (Blue, Cola & Orange)	2.00	
(G)	Toasted sandwich	0.50	(H)	Halal Hot Dog with sauce	3.00	(G)	Juice Apple, Orange, Apple Blackcurrant	1.50	
(G)	Egg	0.50	(A)	Hot Dog /Cheese and sauce	3.00	(A)	Flavoured Milk Choc /Strawberry	2.00	
(A)	Sauce Tom/BBQ/Mayo	0.30	(H)	Halal Hot Dog with Cheese/sauce	3.50		Snacks		
(G)	Bread Rolls	0.50	(A)	Corn on the Cob	.80				
	Lunch order bags	0.10	(A/H)	Fish Burger with Lettuce/Mayo	3.70	(A)	Fruit Cups	1.70	
			(A)	Chicken Burgers with Lettuce/Mayo	3.90	(G)	JJ's-Chicken/Pizza	1.40	
			(A)	Cheese Burgers	3.90	(A)	Red Rock Deli	1.40	
			(A)	Beef Burger /Lettuce/Tomato	3.90	(A)	Pretzels	1.20	
			(A)	Nachos	3.80	(G)	Popcorn Plain Warm	1.00	
(A)	Icy Cold Treats		(G/H)	Hot Noodle Cups Beef/Chicken	3.50	(A)	Popcorn BBQ	1.50	
(A)	Icy Fruit Sticks	0.60		SCHOOL CANTEEN.			(A)	Piranhas Sour Cream	1.40
(A)	Streets Paddle Pop	2.00		ALL LUNCH ORDERS MUST			(A)	Muffin Choc Chip (Lite)	1.80
(A)	Icy Twist	1.50		BE IN BY 9.15AM			(A)	Ovaltines	1.20
(G)	Frozen Juice Cup- Orange/Blackcurrant	1.00		IF NO BAG IS SUPPLIED					
(G)	Slushies-99% Fruit	1.50		PLEASE PAY 10c For a Bag					
(A)	Ice Mony-Varieties	1.00							
(A)	Moosies	1.50							

MAKE A HEALTHY CHOICE!!